

ABOVE & BEYOND

SHASTA 2009

GENERAL INFORMATION



Informational Meeting

Thursday, May 14 at 7:00 p.m., Granite Arch Climbing Center

Mandatory Equipment Check

Monday, June 8 at 7:00 p.m., Granite Arch Climbing Center

Trip Schedule:

Thursday, June 11 Pickup rental equipment & climbing permit at REI and depart for Shasta by noon. Arrive at Clear Creek trailhead by 6:30 where we will spend the night.

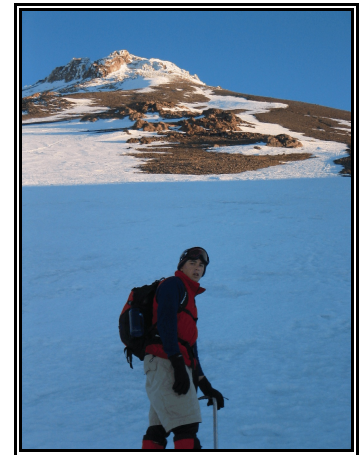
Friday, June 12 10:30 a.m. Begin hike to base camp (elevation approximately 8,500 feet). After setting up camp we will spend some time on the snow practicing with crampons and self-arrest technique.

Saturday, June 13

- Wake-up at 1:30 a.m. to make preparations and eat light meal.
- Start climb by 2:30 a.m.
- Summit and return to base camp; 10-15hours.
- Dinner and spend night at base camp.

Sunday, June 14

- Begin hike down from base camp by 8:30 a.m.
- Arrive in Sacto. by 4:30 p.m. and return rental gear



Cost: \$75.00 per person to A&B-covers transportation, meals Friday morning through Sunday morning, group equipment.

Additional Personal Expenses: Rental equipment charges for climbing boots, crampons and ice axe (up to \$50.00, depending on what you need), summit permit (\$20.00), individual climbing food (\$10-15.00) and road meals (\$25.00)

To Register: Download registration and release forms from the Above & Beyond website (www.abbyfc.org). Complete and mail with a \$25.00 deposit (applicable towards \$75 cost) to:

Above & Beyond
c/o YFC
P.O. Box 277728
Sacramento, CA 95827-7728

GROUP SIZE LIMITED TO TEN CLIMBERS